

**THERE ARE MANY**  
**SPACES**

**#3 FOOD  
& HEALTH**

**HOPE**

**ALTERNATIVES**

**NICK  
DEARDEN  
GLOBAL  
JUSTICE  
NOW**

**CARLA  
THOMAS  
HEALTHY  
LIVING  
PLATFORM**

**WEDNESDAY 10 JULY INTERNATIONAL HOUSE**  
**18:30 FREE — ALL WELCOME**

**BE PART OF  
A COMMUNITY  
CONVERSATION  
ABOUT**

# **FOOD & HEALTH**

**WITH**

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# SPACES OF HOPE

**A SERIES OF COMMUNITY  
CONVERSATIONS EXPLORING  
HOW WE WANT TO LIVE  
AND CRUCIALLY: HOW WE  
CAN ALL GET THERE.**

## **From the Global to the Local – Health and Food Systems: Reform or Transformation?**

Community health and food systems are central to any ideas about community sustainability or sustainable communities.

But increasingly, these systems are being mediated and dominated by multinational corporations that are mainly focused on maximising profits for their directors and shareholders.

How can local community-based values and actions disrupt the powerful and costly presence and grip of global health and food giants? In what ways can community-focused approaches help to reform or transform our health and food systems to better serve the needs of ALL members of our communities?

In this third session of **Spaces of Hope: There Are Many Alternatives**, we look at the many ways community-driven relocalisation efforts in our health and food systems are crucial for justice and the environment – from the local to the global and vice versa.

**Nick Dearden**  
Director, Global Justice Now

**Carla Thomas**  
Co-Managing Director,  
Healthy Living Platform

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The Brixton Project  
International House  
6 Canterbury Crescent  
Brixton SW9 7QE

**18:30 – 21:00**

**BOOK HERE**

